



## TREV FREESTYLE TOUR

### East Coast Freestyle Tour Itinerary

## Cairns to Sydney

### Sunday

**Duration:** Minimum 15 Days, Maximum 12 months

**Tours begin:** Sunday

**Blackout Periods:** Christmas Day and New Year's Day

**Group Size:** Min 4 / Max 40

**Transportation:** Stray bus, comfortable train, Magnetic Island ferry & local transfers

**Age Requirement:** 18+

#### What is Freestyle?

It's flexible adventure travel! You can complete your trip in the minimum amount of time or you can hop off and extend your stay in any destination on the route. Use the Stray Mate App to book extra nights' accommodation and activities along the way. Contact our friendly reservations team when you're ready to hop back on the trip and continue the adventure.

**Important:** Please contact the Reservations team to book in your Whitsundays Sailing Tour before you depart on Monday.

## Sunday: Arrive into Cairns

G'day mate and welcome to your Stray adventure! Check into your centrally located hostel and get ready for your epic East Coast adventure.

**Accommodation included:** Central Cairns accommodation

**Optional paid activities:** Skydiving, bungee jumping, Great Barrier Reef trip, Tully Rafting

## Monday: Cairns to Magnetic Island

Meet your Stray local legend first thing, who will make sure you have everything you need (especially your train tickets) before you jump aboard the train and head south to Townsville. You will arrive mid-afternoon and meet your Stray Guide at the station. We'll travel together from there, taking the ferry out to our first overnight stop, the tropical Magnetic Island. Welcome to paradise! Nearly 50% of 'Maggie Island' is national park land, and it's chockfull of amazing beaches and abundant wildlife, so make sure you get out to a little exploring before catching the sunset.

**Accommodation included:** YHA Bungalow Bay

**Meals included:** Dinner

**Free Activities:** Watch the sunset

**See More moment:** This island paradise is your best chance on the East Coast to see koalas in the wild. Keep your eyes out for these sleepy marsupials, rock wallabies, and colourful birds as you explore the forested island.

## Tuesday: Magnetic Island

Join your guide today for a scenic walk. You might head off the beaten track to beautiful Radical Bay beach for an ocean dip and amazing photo opportunities. Alternatively, your guide will take you up to the historic Forts Complex, where you'll see incredible views over the island and ocean beyond. Whichever way you go, don't forget to look up, as Maggie Island is one of the best places to see koalas in the wild!

**Accommodation included:** Magnetic Island accommodation

**Activities included:** Forts Walk Complex or Radical Bay Walking Tour

**Optional activities:** Snorkel, rent a kayak

## Wednesday: Magnetic Island to Airlie Beach

The morning is yours to explore more of the island, or just relax by the pool. In the afternoon, we'll travel back to the mainland by ferry, and jump on the train to Proserpine, transferring to Airlie Beach in the evening.

**Accommodation included:** Airlie Beach accommodation

**Activities included:** Explore the beaches, swim

## Thursday: Airlie Beach to Whitsunday Islands

Wake up early and head to the marina for the start of your 2-day, 1-night adventure through the breath-taking Whitsunday Islands. These picturesque islands are set in the Great Barrier Reef and are home to some of the world's most pristine beaches. You'll go on an epic sailing adventure, spending the night aboard your ship in a secluded bay. You'll visit Whitehaven beach and sail around the reef with various stops to get out and swim/snorkel, seeing plenty of marine life along the way.

**Accommodation included:** Overnight boat

**Meals included:** Lunch, Dinner

**Activities included:** Sailing, snorkelling

## Friday: Whitsunday Islands to Emu Park

Wake up in paradise on the second day of your Whitsunday Sailing trip. Enjoy breakfast and coffee with the crew before embarking on another full day of sightseeing. After you've had your fill of pristine beaches and beautiful sea creatures, we'll head back to shore mid-afternoon. You'll jump on the train to Rockhampton in the early evening. Your destination tonight is the Strademark stop of Emu Park. Emu Park is a cool little coastal town and the gateway to the Keppel Islands on the southern end of the Great Barrier Reef.

**Accommodation included:** Emu's Beach Resort

**Meals included:** Breakfast, Lunch

**Activities included:** Sailing, snorkelling

## Saturday: Emu Park

Today we are heading to a Stray highlight, Great Keppel Island. This tropical paradise is situated at the southern end of the Great Barrier Reef with untouched coral, turtles, reef fish and manta rays all straight off the beach. Relax or have a go at snorkeling or kayaking (both at extra cost) before exploring the island in search of the perfect white sand beach. Tonight, we'll return to the mainland and gather together for dinner at Emu's Beach Resort.

**Accommodation included:** Emu's Beach Resort

**Meals included:** Lunch, Dinner

**Activity included:** Great Keppel Island Adventure (includes ferries, sightseeing, lunch and more)

**Optional paid activities:** Rent snorkels or kayaks

**See More moment:** Our stay at Emu Park provides your chance to get up close and personal with the Great Barrier Reef. You'll have the chance to snorkel and play amongst one of the seven wonders of the world.

## Sunday: Emu Park to Rainbow Beach

We begin our day with an early morning bus to the train station. You'll take a scenic train journey from here to Cooroy, where you'll meet your Stray driver-guide and bus and head to Rainbow Beach. Rainbow Beach is a gateway to the world-famous Fraser Island, the world's largest sand island. Tomorrow you'll embark on an awesome 2-day, 1-night trip of the island, so we recommend getting an early night tonight. Don't miss the chance to walk to Carlo Sand Blow to catch a gorgeous sunset.

**Accommodation included:** Rainbow Beach hostel

**Free activities:** Walk to Carlo Sand Blow for sunset

## Monday: Rainbow Beach to Fraser Island

We're up early for a safety briefing before your Fraser Island adventure. You will head out on 4WD for a 2-day, 1-night tagalong experience. Drive along long stretches of sandy beaches, walk through stunning rainforest and swim in the fresh water Lake Mackenzie. You'll witness famous shipwrecks, get some amazing photos and perhaps see a dingo or two! Camp on the island and enjoy dinner and drinks with your adventure buddies.

**Accommodation included:** Fraser Island Camping

**Meals included:** Lunch, Dinner

**Activity included:** 4WD Tagalong Tour

## Tuesday: Fraser Island to Rainbow Beach

Wake up on the largest sand island in the world, and enjoy breakfast with your crew. You'll be out on another full day of sightseeing today, ensuring you don't miss any Fraser highlights. We'll head back to the mainland in the afternoon, with time to relax in the afternoon sun and organise dinner.

**Accommodation included:** Rainbow Beach hostel

**Meals included:** Breakfast, Lunch

**Activity included:** 4WD Tagalong Tour

## Wednesday: Rainbow Beach

You have a full free day at Rainbow Beach to relax and explore at your own pace. There's plenty of activities on offer – ask your guide for recommendations. If you're heading to the beach, keep your eyes out for humpback whales between July and November, and playful dolphins year round. If you're keen for a day off, you can simply relax by the pool at our hostel and watch the world go by.

**Accommodation included:** Rainbow Beach hostel

## Thursday: Rainbow Beach to Byron Bay

We hop back on the Stray bus this morning, heading to the relaxed resort town of Noosa, before we continue down the coast. We have quick stops in the state's capital Brisbane and Surfers Paradise in the Gold Coast where you're welcome to hop off in you wish. Our final destination today is Byron Bay, a relaxed, hippy surf town that travellers love! We'll arrive in the early evening, with time to freshen up before meeting your crew for dinner.

**Accommodation:** Byron Bay hostel

## Friday: Byron Bay

There is plenty to do; practice your surfing skills down at the beach, walk to mainland Australia's most easterly point at the Cape Byron Lighthouse, search for dolphins and other marine life on a sea kayaking trip, or wander around town sampling the delicious food and beverages on offer.

**Accommodation:** Byron Bay hostel

**Optional paid activities:** Dolphin kayaking experience, diving, surfing lessons/hire

**Free activities:** Walk to Cape Byron Lighthouse, relax on the beach, dance the night away!

## Saturday: Nimbin Day Trip

Today you'll embark on an epic day trip to Nimbin, another hippy town worth exploring. You'll journey through the beautiful Byron hinterland on an entertaining guided bus trip and see the sights of Nimbin. Enjoy a traditional Aussie BBQ lunch, visit Nightcap National Park, and see a stunning waterfall. You'll return to Byron Bay in the early evening.

**Accommodation:** Byron Bay hostel

**Meals included:** Lunch

**Activity included:** Grasshopper Nimbin Tour

## Sunday: Byron Bay to Sydney (via Spot X)

Today is an express travel day to the final destination of our trip, Sydney. Along the way we stop at Spot X, a famous surf camp with perfect waves for beginners and pros alike. Hop off here to hang 10, or continue with the bus to Sydney, arriving in the evening. If you have some time in Sydney, there is plenty to do! From Stray's famous Blue Mountains day trip, whale watching tours to climbing the Harbour Bridge, you won't be bored for a moment. We hope you had a blast on your Stray adventure!

**Accommodation:** Central Sydney accommodation

**Optional activities (for future days):** Stray Blue Mountains day trip, Bondi to Coogee beach walk, explore King Street Wharf, Royal Botanic Gardens, Taronga Zoo, Sydney Bridge Climb, whale watching tour, skydiving, hop-on hop-off harbour cruise.

## What's Included:

**15 nights' Accommodation:**

- 13 nights shared 4-10 bed dorm accommodation
- 1 overnight boat cruise
- 1 night camping (Fraser Island)

**Meals:** 2 Breakfasts, 6 Lunches, 4 Dinners

**Transport:** Private Bus, Ferry, Train, local bus transfers

**Guide:**

- **Cairns – Rainbow Beach:** Self-guided train sectors with in-location guides to greet you when you arrive and show you around
- **Rainbow Beach – Sydney:** Stray Driver Guide on bus sectors

**Activities:**

- Forts Walk and/or Radical Bay Walking Tour at Magnetic Island
- 2 Day, 1 Night Whitsunday Sailing Tour
- Airlie Orientation Walk
- 1 Day Great Keppel Island Adventure
- 2 Day, 1 Night Fraser Island Tour
- Carlo Sand Blow Walk, Rainbow Beach
- Byron Bay orientation drive
- Nimbin Day Trip

## What's Not Included:

- Most meals
- Additional accommodation in places where you hop-off to extend your stay
- \$20 cash insurance to be paid to Fraser Island company + \$10 for sleeping bag/linen hire on Fraser Island

## What to Bring:

- Clothes (mainly light with some warm layers)
- Walking shoes (sneakers/trainers)
- Camera
- Swimsuit & towel
- Toiletries
- Hat & sunscreen
- Bug repellent
- Daypack\*\*
- Water bottle
- Waterproof jacket (shell)
- Do **NOT** bring: Sleeping bag, sheets, blankets or pillow

\*\* Our trips are pretty active; you'll need a daypack to carry the essentials during activities and walks but you won't have to carry your pack/suitcase that far.

## Notes:

- **Luggage restrictions:** A backpack or small/medium suitcase (up to 15kg) and a small daypack for day excursions.
- **Reconfirmation instructions:** All the activities/accommodation listed are open-dated, please contact Stray's reservations team (email [hey@straytravel.com](mailto:hey@straytravel.com)) at least 48 hours prior to arrival to confirm your bookings. For Fraser Island and Whitsunday trip bookings, we recommend booking at least 7 days in advance to guarantee your spot. In peak periods (e.g. Christmas/New Years Eve, Easter, School Holidays/Events) some accommodation may be subject to an additional surcharge or minimum number of nights.
- Freestyle Tours include all accommodation needed to complete the tour in minimum time. If travellers choose to hop-off and extend their stay in any location, all additional accommodation, meals and activities are at their own expense. Additional accommodation and activities can be booked via the Stray Mate app.
- Note: This is not a traditional tour. You'll be travelling on different modes of transport, with different groups and with or without a guide depending on location and activity.

This itinerary is a guide. Given the spontaneous nature of our trips and lack of control over Australia's weather(!), what we do each day might occasionally vary.